

Byron Bay High School Canteen Menu

- ✓ All lunch orders and special requests to be ordered before 9am.
- ✓ We recommend pre-ordering specials in the morning for recess or lunch as they are sold-out quickly.

breakfast | 8:35am - 9am

Bacon and egg muffins	\$3.50
Hash browns (Fri)	\$1.50
Muffins V	\$2.50
Fruit salad	Sml \$2.50 Lge \$3.00
Chia Pudding V GF	\$3.50
Smoothies (occasional) mango, berry	\$3.00

weekly specials (check special board)

Monday

Pasta day \$5.00

Tuesday

Rice paper rolls GF|DF|V \$5.00

Rice dish \$5.00

Wednesday (no specials – sport)

Thursday

Rice paper rolls \$5.00

Sushi roll - tempura veg,
chicken, tuna, avo V|GF \$3.50
tofu pockets \$5.00

Wakame V|GF \$1.50

Friday

Pizza (per slice) \$3.00

cold food

wholemeal sandwiches – Pre-order Gluten Free Bread

Salad and hummus (pre-order)	\$4.00
Chicken, lettuce and mayo	\$4.00
Egg and lettuce	\$3.50
Curried egg (pre-order)	\$3.50
*other combinations on request	

wholemeal rolls

Chicken and salad	\$5.00
Avo and salad (pre-order)	\$5.00
Ham and salad	\$5.00

wraps

Falafel and salad V	\$5.00
Chicken and salad	\$5.00
Halloumi and salad	\$5.00

salad boxes

Chicken	\$5.50
Falafel V	\$5.50
Greek	\$5.00
Caesar	\$5.50
Roast Pumpkin	\$5.50
Tuna and rice	\$5.50

hot food

Spinach and pesto	\$5.50
Plain pie	\$4.50
Chicken mornay	\$5.00
Cheese and bacon	\$5.00
Mexican beef	\$5.00
Pepper steak	\$5.00
Shepherd's pie	\$5.00
Sausage roll	\$3.50
Mexican veg	\$5.00
Spinach and ricotta roll	Sml \$2.50 Lge \$4.00

burgers

Chicken tender burger	\$4.50
Hamburger (homemade patties)	\$5.50
Veggie burger (homemade patties)	\$5.50
Char grilled chicken burger	\$5.50

snacks

Veggie curry puffs (occasional)	\$2.50
Red Rock Deli chips 28g GF V	\$1.50
Vege chips GF DF V	\$3.00
Fruit salad and yoghurt	\$3.00
Chia pudding V GF	\$3.50
Diced apple and yoghurt	\$2.50
Banana bread GF V DF	\$3.00
Coconut macaroons GF	\$2.00
Choc-chip cookie	\$1.50
Anzac biscuit	\$1.50
Weet-Bix slice	\$2.00
Brownie GF – (Friday only)	\$1.00
Bliss balls GF DF V	\$2.50
Daily fresh fruit	\$0.50
Raspberry bar	\$2.00
Choc Mousse	\$2.50
Cheese and bacon scroll	\$3.00
Vegie scroll	\$3.00

drinks

Water	Sml \$2.00
	Lge \$2.50
Flavoured milks	Sml \$2.50
	Lge \$3.50
Plain milk	Sml \$1.50
Nippy's	\$3.00
Coconut water	\$3.00
Juices	Sml \$2.50
Juice Bombs	\$2.50
Kombutcha	\$3.50
Aloe Water	\$3.50
Up and Go's	\$3.50
Slushi (4.5 Star health rating)	\$2.50
Chill ice tea assorted flavours	\$3.00

iceblocks

Frozen yoghurt 120g GF	\$2.50
Juicies	\$1.50
Frozen fruit and grapes (<i>occasional</i>)	\$1.00

*Menu prices are subject to change

GF – Gluten Free

DF – Dairy Free

V - Vegan