

SPORTS POLICY



GUIDELINES FOR STUDENTS

Sport is a **MANDATORY** requirement of the NSW Department of School Education.

Sport is an integral part of the school's educational program and as such all students are required to participate in the school's regular sports program.

Sport is **COMPULSORY** for all students Year 7-10
and **OPTIONAL** for students in Year 11.

Year 8-10 Recreational Sport

A recreational sport program is offered to all students in Years 8-11
It is designed to promote the value and importance of physical activity.
Students may choose ONE sport each term

Sport is conducted at school and at various local facilities
on Wednesday afternoons from 1.30-3.25pm

All students are provided with an opportunity to experience a range of recreational activities.

BBHS Sport Choices			
Aerobics	Dance	Skateboarding	Tennis
Aquarobics	Golf	Snorkelling	Touch Football
Basketball	Lawn Bowls	Soccer	Volleyball
Circuit Training	Netball	Spin bikes	Weights
Circus Skills	Power walking	Surf Survival	Yoga/Pilates
Cricket	School Sport	Surfing	Zumba

Students choose a NEW sport at the beginning of each term.
It is recommended that students choose a different sport each term
They are also encouraged to try a variety of activities.

Sports choices occur on the first Wednesday afternoon each term.

Students will be given a SPORTS NOTICE SHEET at the end of each term for the term ahead.
Students taking paying sports MUST pay at the Front Office before they can choose the sport.
Sport Fees are paid by the term and bus fares are paid each week.
Fees are non-refundable as most venues/instructors operate on a prepay system.

***SPORT PERMISSION NOTES and MONEY must be completed,
signed by a Parent/Guardian and returned to the Front Office at school.
The form must be returned BEFORE starting the new sport or students will attend NON-SPORT.***

Wet Weather

During wet weather some indoor sports will run and the rest of the school
will remain in their sport groups, supervised by their teachers in classrooms.

A notice will be sent around to all classes BEFORE lunch.
Students who did not receive this message may check on the
PDHPE board outside the PDHPE Staffroom for arrangements.

Students MUST NOT make their own decision to go home if sport is cancelled.

Information about Sport – Year 8, 9, 10

- **SPORTS CHOICES** - There will be no Wednesday Afternoon Sport on the first week of each term. Students will have an extended lunch and then be required to attend a general Sports Assembly in the MPC. Sports Choices will then follow with students who have paid for their sport checking details on the sports roll. Lighthouse students will then get first choice of remaining sports followed in order from seniors to juniors. After choices are made students are required to remain on the school premises til 3pm.
- Students cannot **CHANGE** sport during the term and as such are requested to choose wisely. In exceptional cases those students needing to change MUST see the Sports Organisers well BEFORE sports day to make alternative arrangements. Sports Fees may not be refunded.
- Students must check the Sports Notice board for details regarding the venue, cost and bus times for each sport – which may vary during the term. Students should also listen on Tuesday’s School Assembly for Sports Notices which may include variations in routine.
- If students need to leave school early on a Wednesday for an exceptional reason (eg. specialist appointment), they MUST bring a note of explanation, signed by Parent/Guardian to the Sports Organisers in the PE office at RECESS on Wednesday to attain a Leave Pass.
- Students who are sick or injured on sport day, MUST bring a note of explanation, signed by a Parent/Guardian. They must report to Room 32 AT 1.30PM where they will be supervised in the NON SPORT room. Students with notes may leave at 3.15pm, but all other students will remain until 3.25pm.
- Students who attend the NON-SPORT room 32 without a note will be required to complete work. NON sport is not an opportunity for students to undertake homework and assessment tasks. Students will not be allowed to go to the Library for research or to go to Music, Technology or Art to complete work.
- All students must catch the bus to sport, unless they have a permission note signed by their Parents/Guardian to ride their bike. The note must be given to the teacher Week 1 and marked beside their name. The note will last the whole term.

NO STUDENT is to WALK to or from SPORT
unless they are going to Golf or the Fitness Gym.

Students will be accompanied by teachers on the bus to and from the venue each week. Students who travel to sport on the bus MUST return to school on the bus unless they have a note signed by their Parents/Guardian with permission to leave from the venue. This can be used for the whole term and should be marked beside the student’s name

- Students MUST NOT leave the school on Wednesday afternoon without permission. They should not ring parents to make their own arrangements to be picked up. It is not acceptable to bring a note of explanation the next day. Students who TRUANT SPORT will be placed on sport detention in room 32 the following week and will also be required to make up the time missed during sport during their lunchtime. Students who consistently truant sport maybe suspended for persistent disobedience.
- Students who miss the bus, must report **immediately** to the Sport Organisers or go to Room 32.

Information about Sport – Year 8, 9, 10

- Students must bring suitable attire to change into before sport. Hats are recommended at all times. OHS guidelines require that students **MUST WEAR SHOES AT ALL TIMES** – with the exception of water sports. Protective equipment such as shin guards/mouthguards remain the responsibility of individual students, but are strongly recommended to reduce the risk of injury. Sun protection also remains the responsibility of all students at all times. Free sunscreen is available at the PDHPE staffroom before sport.
- **SPORT STARTS** at 1.30pm and **FINISHES** at 3.05pm. (unless bus pickup times are earlier)
Dismissal due to early bus times is a privilege, not a right. Sport, for various reasons, may finish later (eg snorkelling to Julian Rocks) but prior notice will always be given to parents and alternative arrangements for pick-up will be made.
Students may be detained until 3.25pm on Wednesday without further parental notice.
- Rolls will be marked **BEFORE** and **AFTER** sport. All students must make sure their name is marked both on and off the roll. If students are late to arrive to sport it will be noted on the roll and students concerned will be asked to please explain the next day.
- Students must remain under teacher supervision at all times during sport.
They are not to leave the venue until the end of sport.
Students on bikes must remain with the group until the bus picks up the other students.
- Students who turn up at the wrong sport without permission from the Sports Organisers will be suspended from Sport for two weeks and required to attend **SPORTS DETENTION** in Room 32 and complete set work as required.
- Students are expected to behave responsibly at sport and follow all instructions by the supervising teachers. Students who misbehave at sport at school will be sent directly to the **SPORTS DETENTION** in Room 32 and will be required to complete set work. Those students at venues outside school will be placed on **SPORTS DETENTION** the following week. Serious offences will be immediately referred to the Deputy.
- Students are also required to take good care of the school's sporting equipment and more importantly if the equipment is on loan at outside venues. Any losses or breakages should be reported to the supervising teacher. Students **MUST** also follow all the **RULES** and **SAFETY GUIDELINES** as per the instructor and/or venue. Students may be asked to carry or help with equipment and should be willing to offer assistance at the beginning and end of sport when packing up. Students will not leave until all gear is returned to the sports kit.
- Students requiring **FIRST AID** during sport should see their supervising teacher immediately. Students with medical conditions that may be affected by sport eg asthma should inform the teacher at the beginning of the term.

THANKYOU FOR YOUR ASSISTANCE in ensuring that SPORT operates in an effective and efficient manner.

**ALL QUESTIONS regarding SPORT
SHOULD BE DIRECTED TO THE SPORTS ORGANISERS
MR WILSON - MRS CAOYONAN**